

# Dental bleaching: fundamental knowledge. How to treat even the most complex cases

HANDS-ON TRAINING



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**4CE**  
Credits

 **DATE:**  
14 May 2022 | 14:00 - 18:00

 **LOCATION:**  
CAPP Training Institute | Dubai | UAE

 **TARGET AUDIENCE:**  
General Dentistry, Cosmetic Dentistry,  
Restorative Dentistry

## Abstract

Besides being a very popular aesthetic procedure, tooth whitening is a powerful ally in restorative dentistry.

However, the abundance of whitening systems available in the market today proves that there are lots of demands generated by consumers on how to get their teeth whitened.

Today, there are hundreds of products that all claim to produce whiter teeth in a very short time. But results can range from impressive to disappointing, or even non-existent. So how do you make sure that the bleaching treatment you provide works for every patient? Tooth whitening is still a very young technique in Dentistry, so it is not unusual to get confused amongst so many techniques and materials.

This subject will be thoroughly dissected, so to give both young and seasoned dentists alike an excellent approach to the topic. The main causes of tooth discoloration will be addressed, and more than that, the various whitening techniques and also how to prevent the occurrence of sensitivity in certain situations.

## Learning Objectives & Outcomes

- Understand the fundamentals for a good diagnostic
- Different causes of discolouration, different treatments
- How to differentiate limitations and saturation point: bleaching all that is possible
- Non-vital bleaching: do's and dont's. Key aspects for a safe procedure
- Microabrasion: simple technique, when it's done properly

## Agenda

14:00 – 14:30	Fundamentals of bleaching
14:30 – 15:30	Diagnostic is key: stains, peroxides and cell metabolism
15:30 – 15:45	Coffee break
15:45 – 17:00	Case studies through clinical case, non-vital bleaching and micro-abrasion
17:00 – 18:00	Demo, hands-on in office bleaching

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## Registration Form

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