

Direct aesthetic dentistry: new materials and techniques for anterior restorations

HANDS-ON TRAINING



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D.D.S., Msc.

14CE
Credits

 **DATE:**
14-15 September 2023
09:00 - 18:00

 **LOCATION:**
CAPP Training Institute | Dubai | UAE

 **TARGET AUDIENCE:**
General Dentistry, Cosmetic Dentistry,
Restorative Dentistry

Abstract

For many years, "Aesthetics" in Operative Dentistry has been taught as something more artistic than scientific. Often, is left for many dentists the feeling that there's a lack of information, one that might help planning and to execute cases with reliability, predictability, and, why not, serenity.

What this course proposes is to change the concept that Esthetics is purely artistic and empiric.

Nowadays it is possible to work with an emphasis on aesthetic procedures in an ethical way, having in mind the patient's whole oral health, and having by our side predictability of results sustained by scientific evidence, always under the precepts of minimally invasive Dentistry.

It is important to understand the patient's complaints, and also know what are the techniques and materials that we currently have available.

Regarding any aesthetic rehabilitation, we must always focus on Minimally Invasive Dentistry. For the dentist that aspires to advanced aesthetic procedures with dental composites, it is paramount to know deeply the properties of both composite and tooth; more specifically their mechanical and optical properties. This knowledge depends not only on the immediate behavior of the material but also on the reliability of a long-lasting restoration. Furthermore, only by knowing the composite, we will be able to identify which materials would be able to reproduce even the smallest anatomical and optical details of the natural tooth.

Learning Objectives & Outcomes

- Master a new perspective for the placement of anterior composites
- Discuss a different clinical approach to make color matching easy
- Review changes in adhesion and light-curing: new keys for short and long term success
- Reduce clinical stress by improving case predictability
- Learn how to simplify the composite layering technique
- Updates on techniques and materials for today's dentistry

Agenda Day 1

09:00 – 09:30	Composites vs Ceramics, Longevity and Aesthetic principles in direct dentistry
09:30 – 10:30	Contemporary composites: shade system and optical properties
10:30 – 10:45	Coffee Break
10:45 – 12:00	Layering techniques for anterior dentition
12:00 – 13:00	Simplified layering techniques for anterior dentition
13:00 – 14:00	Lunch
14:00 – 16:00	Class IV upper central incisor with a fracture, free-hand, using a silicone guide
16:00 – 18:00	Veneering upper central incisor with a fracture, using a silicone guide and the Uveneer, single shade

Agenda Day 2

09:00 – 10:00	Basics in light-curing: the key to longevity
10:00 – 10:30	Basics in bonding
10:30 – 10:45	Coffee Break
10:45 – 12:00	Differences in Finishing and Polishing: a step-by-step approach
12:00 – 13:00	Review: layering techniques (chromatic and achromatic techniques)
13:00 – 14:00	Lunch
14:00 – 16:00	Veneering upper central incisor free-hand technique
16:00 – 18:00	Finishing and polishing, step-by-step

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Registration Form

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