

# ITOP: Individually Trained Oral Prophylaxis Hands-On Training

04 November 2017 | IH, DFC, Dubai, UAE

Organised by:  
**CAPP**events  
exhibitions & conferences

Accredited by:

**ADA CER.P**® | Continuing Education Recognition Program

Centre for Advanced Professional Practices (CAPP) is an ADA CER.P Recognized Provider. ADA CER.P is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CER.P does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

CAPP designates this activity for 7 CE Credits

Est. HAAD 7 CME | Est. DHA 7 CME



Dr. Carla Mora, Chile

## Tutor

Since 2012 Dr Carla is the iTOP Teacher and Instructor in association with the Curaden International Company based in Switzerland. Since 2016, she is a Dental Hygienist, specialist in periodontology at the Clinique d'Hygiène Dentaire de Genève in Switzerland. Dr Carla leads seminars for dental professionals in many countries since 2012 to present. In 2012 she received her Specialisation in Periodontics and Implant Surgery at the De los Andes University in Santiago, Chile.

## Abstract

There are many Prevention programs around the world, trying to improve teeth health. Without patient's compliance, lifelong teeth preservation remains an Utopia. To motivate our patients, we need to work with them. Not only to « tell » them how to clean, but to become their coaches and train them to accomplish very high quality toothbrushing techniques without secondary damages. This is only possible under the supervision highly qualified specialist who knows and possesses effective and non traumatic devices and techniques.

## Course Objectives

- Training in the use of ID-Brushes
- Training in the Floss Loop Technique
- Training in Bass Technique
- Training in Single Technique

## Agenda

09:00 – 10:30

### iTOP Seminar

- Failures in existing oral prophylaxis
- Biofilm complexity and its impact on overall health

Coffee Break

10:30 – 10:45

### iTOP Seminar

- Mechanical control of biofilm
- Criteria of choosing right tools coupled to correct techniques for optimal oral hygiene

10:45 – 12:30

Lunch Break

12:30 – 13:30

### Hand-On: Touch-To-Teach, T2T

- Technique and criteria's for the correct indication, instruction and use of Dental Floss -Loop- technique

13:30 – 14:30

### Hands-On

- Technique and criteria's for the correct indication, instruction and use of Interdental Brushes
- Training of Interdental Probe to evaluate the right size
- Training of technique to use Interdental brushes
- Tools for Motivation and Instruction for Patients

14:30 – 15:30

The Hands on is going to happen in Groups of 10 Pax per Instructor and the participants learn it on themselves with individual instruction of the Instructors

15:30 – 14:15

### Hand on: Touch-To-Teach, T2T

- Technique and criteria's for the correct indication, instruction and use of manual Toothbrush
- Training of Pressure and technique and Motivation for Patient

4:15 – 18:00

### Hand on:

- Technique and criteria's for the correct indication, instruction and use of Single Brush
- Training of Technique to brush Tooth-by-tooth, completely atraumatic (Single Technique), how to use on myself and for the patients

The Hands on is going to happen in Groups of 10 Pax per Instructor and the participants learn it on themselves with individual instruction of the Instructors

900 AED (245 US\$) COURSE PRICE |  1400 AED (381 US\$) WITH CONFERENCE

Contact CAPP:

M: +971 50 2793711 | T: +971 4 3616174 | E: events@cappmea.com | www.cappmea.com/aesthetic

Name: \_\_\_\_\_ Specialty: \_\_\_\_\_

Clinic: \_\_\_\_\_ Country: \_\_\_\_\_ City: \_\_\_\_\_

P.O. Box: \_\_\_\_\_ Tel: \_\_\_\_\_ Age Group: \_\_\_\_\_ Nationality: \_\_\_\_\_

Mob: \_\_\_\_\_ Email: \_\_\_\_\_

METHODS OF PAYMENT:  Credit Card  Visa  MasterCard

Number: ..... Expiry Date: .....

Card holder's Name: .....

Billing Address: .....

Country / Emirate: .....

Date: ..... Signature: .....

3.5%CC Charges for the Bank

Bank Transfer:

Account Name: CAPP EVENTS; Bank Name: Emirates NBD;  
Account Number: 1015171389801; IBAN: AE600260001015171389801;  
Branch: Mall of the Emirates; Swift Code: EBILAEAD

Cheque payment on the name of CAPP EVENTS

**REFUND/CANCELLATION POLICY:** A Refund of the registration fee will be made as follows: Notification in writing 40 days prior the event -50% refund. 20 days prior to the event – no refund can be given.

AUTHORIZATION NOTE: Please debit my credit card with an amount of AED ..... (in digits) ..... (in letters) for Course. The card holder will honor this transaction and not hold CAPP Events responsible if the credit card number has been compromised.